International Fellowship Programme at King’s College Hospital
The King’s International Fellowship Programme offers medical graduates (from outside the UK/EU/EEA/Switzerland), the chance to obtain first class training at King’s - one of the world’s leading hospitals.

The 12 – 24 month programme offers training and development under the supervision of a leading consultant and an educational supervisor in the following specialties:-

• Trauma
• Liver
• Metabolic and diabetes surgery

As well as gaining clinical skills, the fellowship scheme will provide the opportunity to develop a range of transferable skills such as:-

• Leadership
• Management
• Developing guidelines
• Conducting audit and research
• Understanding clinical governance.

King’s International Fellowship Programme operates in partnership with the Royal College of Surgeons’ (RCS) International Surgical Training Programme (ISTP). International fellows will be sponsored by the RCS for registration with the General Medical Council (GMC) and the supporting Tier 5 (Government Authorised Exchange) visa.

Further details regarding the International Surgical Training Programme, including a list of its Partner Institutions can be found at https://www.rcseng.ac.uk/istp
Why King’s?

King’s College Hospital NHS Foundation Trust is one of the UK’s largest and busiest teaching hospitals, training over 900 dentists, 750 doctors and 300 nurses every year. The Trust is recognized internationally for its work in liver disease and transplantation, neurosciences, cardiac, haematology-oncology, foetal medicine, stroke and major trauma.

- We are also home to one of London’s four Major Trauma Centres, as well as one of the Capital’s eight Hyper Acute Stroke Units.
- We have strong academic links with King’s College London School of Medicine and Dental Institute, and the Institute of Psychiatry.
- As a centre of excellence, we are committed to putting innovation and quality at the heart of everything we do.
- We are part of King’s Health Partners, a pioneering collaboration between King’s College London, Guy’s and St Thomas’, King’s College Hospital and South London and Maudsley NHS Foundation Trusts.

Our combined strengths drive improvements in care for patients, allowing them to benefit from breakthroughs in medical science and receive leading edge treatment at the earliest possible opportunity.
King’s Trauma Centre

King’s Trauma Centre is a designated Level 1 trauma centre providing care for patients across South East London, Kent and Medway (SELKAM). The centre’s approach combines general surgery and orthopaedics surgery resulting in better care for multi injured patients.

What’s involved in the programme

All Fellows are involved in 24/7 general trauma care, emergency surgery and orthopaedic trauma surgery. They will have responsibility for admitting general acute surgical patients and supervising procedures for these patients under the supervision of the trauma consultants.

They will form a key part of the on call trauma service and trauma team in the Emergency Department (ED) as resuscitative surgeons and the ongoing care of multisystem injury.

During the rotation fellows will join a specialty team on ward rounds, outpatient clinics and undertake elective procedures.

Fellows are responsible for supervising junior doctors and working with specialist registrars. They are required to attend damage control training, ATLS, APLS and national and regional RCS courses. They are encouraged to contribute to the course faculty, develop research interests and audit and build a portfolio for future consultancy.

Fellows will also gain first-hand experience of peer reviews and the performance improvement programmes required to manage the operational delivery of a major trauma network, from injury to rehabilitation.

You will be working at the cutting edge of one of the world’s leading trauma networks

Rob Bentley
Cranio-Oral & Maxillofacial Consultant Surgeon, Clinical Director of King’s Major Trauma Centre

Supervising Consultants

Duncan Bew
Consultant Trauma and Emergency General Surgery

Rob Bentley
Cranio-Oral & Maxillofacial Consultant Surgeon, Clinical Director of King’s Major Trauma Centre
Fellowships are offered in two areas:

**Liver Transplant Surgery** - a one / two year programme at a Senior Fellowship level, to include adult and/or paediatric specialisation.

**Hepato-Biliary and Pancreatic Surgery** - a one / two year fellowship programme in hepato-biliary and pancreatic surgery offered at either Junior or Senior Fellowship level. Specialisation in pancreatic surgery, hepatocellular carcinoma, liver resection and laparoscopic surgery would be possible within this time period.

**What’s involved in the programme**

**RICOH Liver Transplant Surgery Fellowship**

The fellow will assist and become competent in the following areas:

- adult and paediatric cadaveric retrieval surgery (liver, kidney, pancreas, bowel)
- cadaveric liver transplantation to include caval replacement, piggyback and cavo-cavoplasty techniques. This will include hepatectomy and implantation.
- Variant liver transplant techniques including adult and paediatric living donor, split and auxiliary liver transplantation.

Fellows will oversee transplant inpatient care and attend multidisciplinary ward rounds and the daily transplant meeting to review patients (adult and paediatric). In addition, they will deliver outpatient care for transplant recipients and attend the weekly transplant assessment meetings together with weekly morbidity and mortality meetings, histopathology and radiology multi-disciplinary meetings. Responsibility for the retrieval team at donor retrieval is the most important aspect of supervision.

**Hepato-Biliary and Pancreatic Surgery Fellowship**

The fellow will assist and become competent in the following areas:

- Major pancreatic surgery including pancreatoco-duodenectomy, distal pancreatectomy (open and laparoscopic).
- Liver resection for primary and secondary liver tumours (open and laparoscopic).
- Surgical management of neuro-endocrine malignancy.

Fellows will oversee inpatient care and attend multidisciplinary ward rounds and multidisciplinary meetings. Fellows are encouraged in both liver transplantation and HPB surgery to develop research interests, be involved with audit and build a professional portfolio for future applications for consultant positions. In addition, publications of clinical papers during the fellowship would be expected from appointed candidates.
King’s Metabolic and Diabetes Centre

Our metabolic surgery programme offers surgical treatment for patients with type 2 diabetes, severe obesity, metabolic syndrome, pre-diabetes, hypertension and dyslipidaemia. Procedures include gastric bypass, sleeve gastrectomy, duodenal switch, gastric banding as well as a novel endoscopic device based approach.

What’s involved in the programme

Fellows will assist and operate, under supervision, with outpatient and inpatient management. They will assist in advanced laparoscopic gastric bypass, sleeve gastrectomy, gastric banding, biliopancreatic diversion, and the use of endoscopic endoluminal devices for obesity and diabetes. They will have exposure to all specialties involved in metabolic and bariatric surgery, metabolic diseases and type 2 diabetes including medical diabetes and obesity clinics, gastrointestinal diagnostic and interventional endoscopy, nutrition and the metabolic surgery research laboratory. They are responsible for supervising junior doctors and working with specialist registrars.

All graduates entering this specialty will be involved in clinical trials and translational research studies. They are encouraged to contribute to the course faculty, develop research interests and audit and build a portfolio for future consultancy.

Supervising Consultants

Professor Francesco Rubino
Chair of Bariatric & Metabolic Surgery

Professor Ameet Patel
Consultant Bariatric Surgeon

Dr David Hopkins
Consultant Diabetologist

A unique opportunity to develop a career in the new specialty of metabolic and diabetic surgery

Professor Francesco Rubino
Chair of Bariatric & Metabolic Surgery
Support during your placement

All international fellows will receive the same specialty medical training as UK trainees. You will be registered with the Intercollegiate Surgical Curriculum Programme (ISCP) and follow the ARCP process and principles to ensure you are progressing along your agreed learning pathway. In addition, the Trust will arrange annual appraisals to review your development.

Your consultant and your educational supervisor will oversee your training on a day-to-day basis with regular contact from an RCS officer.

One month into your placement, you will be invited to a review meeting, where the supervising consultant and the RCS officer will evaluate your performance. After three months, a formal probation assessment will take place based on feedback and evaluation.

All international fellows will be fully supported throughout their placement by the RCS. Fellows will also have the opportunity to attend induction days in collaboration with the GMC, annual symposiums and other events at the College. Mentoring can also be arranged on request.

At the end of the placement, fellows will be awarded a certificate of completion and will be invited to a ceremony at the Royal College of Surgeons.

It is not possible for fellows to remain at the Trust following completion of the International Fellowship Programme due to the visa category status.
Visa Requirements

International fellows will enter the UK on a Tier 5 (Government Authorised Exchange) visa. Sponsorship for the visa will be arranged by Royal College of Surgeons.

During the period of the programme, fellows will not be permitted to:

- switch to other tiers
- extend their visa
- seek alternative employment whilst under the scheme

Further Development Opportunities

King's Postgraduate Medical Education offers a wide range of courses and training to people attending the King’s International Fellowship Programme:

- Teaching skills
- Supervision skills
- Workplace based assessment
- Appraisal skills
- Managing doctors in difficulty
- Clinical leadership
- Management modules for senior trainee/new consultant
- Overseas doctor’s development programme
- Coaching and mentoring skills

Eligibility Requirements

All applicants must:

- be working within an overseas institution which is a partner of the RCS England ISTP
- be resident overseas at the time of application and have no rights of residence to the UK/EU/EEA/Switzerland
- hold a primary medical qualification recognised by the GMC
- have completed an acceptable internship (or equivalent) of not less than 12 months following undergraduate training
- have completed at least three years of full time clinical practice/training (equivalent to ST3 or above in the UK) since obtaining their primary medical qualification (excluding internships) and including the 12 months prior to GMC registration being granted
- have passed the MRCS (UK) or hold an acceptable alternative qualification
- acknowledge that the short-term training is for a minimum of 12 months and a maximum of 24 months
- have a knowledge of, and intention to comply with the UK GMC – Good Medical Practice whilst in the placement
- achieve a minimum score of 7.0 in all categories of the International English Language Testing System (IELTS) and an overall score of at least 7.5
How to apply
For full details on how to apply and for further information on our fee structure, contact:

Jirina Baker
King’s Commercial
Tel: +44 20 3299 3922
Email: jirina.baker@nhs.net

King’s Commercial
Unit 2, KCH Business Park
129-131 Coldharbour Lane
London SE5 9NY

King’s International Fellowship Programme works in partnership with Royal College of Surgeons.